

Dreams

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Activity 1

How much do you know about dreams? Find out in the 'true or false' quiz below.

1. People have been trying to interpret dreams for over 5000 years. T/F
2. Dreams and their interpretations are mentioned in the Bible. T/F
3. Ten minutes after the end of the dream 90% of it will be forgotten. T/F
4. Dream research suggests that your brain waves are more active when you are dreaming than when you are awake. T/F
5. Blind people don't dream. T/F
6. You dream on average of four hours every night. T/F
7. It is unusual for children to have nightmares. T/F
8. You daydream for an average of 70-120 minutes a day. T/F

Activity 2

Read the following questions and use them to start a conversation with your partner.

1. Can you remember your dreams? What was the last dream you had?
2. Have you ever had a prophetic dream? What was it about? Do you believe that dreams can help us to predict the future?
3. Have you ever had a dream about a famous person? What happened in it?
4. Have you ever dreamed that you were in a strange house? Describe the house and what you were doing in it.
5. Have you ever had the same dream as someone else, at the same time? If so, what do you think this means?
6. Have you ever had a dream in which you were falling? What happened?
7. Did you daydream a lot when you were at school? Do you still daydream?

Activity 3

*Go to **EnglishClub.com** and click on the 'TP Homework' icon. Use the information you find there to answer the questions below.*

1. Which famous social justice campaigner said 'I have a dream...'?
2. From which Shakespeare play is this quotation? 'To sleep: perchance to dream...'?
3. Which poet and critic described Oxford as a 'city of dreaming spires'?
4. What is Irving Berlin's connection with the topic of 'dreams'?
5. What is the answer to the Quick Quiz?

Activity 4

Do you believe that our dreams mean something? Why/not?

If you would like to express your opinion on this subject why not go to **EnglishClub.com** and click on the 'TP Discussion' icon to take part in the forum discussion there?

N.B. Netiquette! PLEASE CHANGE THE DEFAULT SUBJECT LINE TO INDICATE THE OPINION/S IN YOUR POST BECAUSE IN A BUSY THREAD IT HELPS PEOPLE TO DECIDE WHICH POSTS TO READ!