

Vocabulary Associated with Sports

Activity Sheet (page 1/2)

A. Complete the phrasal verbs in each sentence by choosing the correct particle.

- Before you do any sort of exercise, it's important to **warm**
a. up b. out c. in
- He likes to **work** before he starts work, so he goes to the gym every morning.
a. in b. out c. up
- If I had more time, I'd love to **take** golf.
a. up b. in c. out
- He's way ahead of me now. I'll never be able to **catch** with him.
a. down b. up c. out
- After twisting his ankle, John was forced to **drop** of the race.
a. in b. up c. out
- Jim decided to go for a run to **burn** all the calories he'd eaten at lunch.
a. off b. on c. in
- I want to **take** in a marathon next year, so I go running every day.
a. with b. off c. part

B. Match the phrasal verbs from the previous exercise with their definitions below.

- Use up energy through physical activity
- Begin to do something new to you
- Prepare for exertion by doing light exercise
- Succeed in reaching someone who is ahead of you
- Participate in something
- Discontinue / stop doing something
- Engage in physical exercise

C. Complete the sentences using the verbs below in the correct form.

serve kick hit punch catch score throw fall skate run

- He the ball with his bat and then towards first base.
- It was my turn to, so I the ball up and hit it with my racket.
- He the ball into the goal before the goalkeeper could it.
- As soon as his opponent him with his glove, Jim to the floor.
- The hockey player across the ice and the winning goal.

D. Complete the sentences using verbs from page 1, plus one of the words below.

pool track trainers racket race rink gym court goal exercising

1. Half-way round the, Sam was forced to of the race.
2. I was winning the, but then Ted managed to with me.
3. If you don't before, you'll be in a lot of pain later.
4. Everyone in the swimming race got ready to dive into the
5. The crowd cheered as the winning hockey team across the
6. She likes to every day, so she goes to the after work.
7. I had a slice of cake knowing I'd the calories on the tennis later.
8. The crowd cheered when Peter the football into the
9. I the ball with my, but it didn't go over the net.
10. If you're going to running, you'll need a good pair of

E. i) Complete the questions with verbs from Exercise A, then ask them to a partner.

1. Have you ever in a race or a marathon?
2. Do you have a gym membership? If so, how often do you
3. Do you usually before exercising? If so, what do you do?
4. Do you exercise to calories, or do you do it because you enjoy it?
5. If you could a new sport, what would it be?

E. ii) Complete the list of prompts using the words below, then talk to your partner and see if you can think of two words for each prompt.

burn court work track rink racket pool

1. Sports that are played in a ,
2. Sports where one races around a ,
3. Sports that can be done in a swimming ,
4. Sports that can be done on an ice ,
5. Sports where a is used ,
6. Things people do when they out at a gym ,
7. Sports that off a lot of calories ,