

Sleep Phrasal Verbs

Activity Sheet (page 1/2)

A. Match the beginnings of the sentences with the correct endings.

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|---|---|
| 1. I always sleep in on Saturday | a. and I'll give you an answer tomorrow. |
| 2. Our parents let us stay up late | b. she overslept and was late for school. |
| 3. Alice's alarm didn't go off , so | c. night when they're about six months old. |
| 4. I sometimes nod off in front of | d. the TV, especially if I've had some wine. |
| 5. I'm an early riser. I always wake up | e. have a shower. |
| 6. I decided to sleep over at Jan's | f. mornings. It's so nice not getting up early. |
| 7. Most babies start to sleep through the | g. after a long day at work. |
| 8. It's a tough choice. Let me sleep on it | h. house because I was too tired to walk home. |
| 9. I often crash out on the sofa | i. as soon as it gets light. |
| 10. As soon as I get up , I | j. because we didn't have school the next day. |

B. Write the phrasal verbs from Exercise A next to the number matching their definition.

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| 1. Sleep at someone else's house. | 6. Go to bed later than usual. |
| 2. Get out of bed. | 7. Fall asleep unintentionally. |
| 3. Stay in bed later than usual in the morning. | 8. Become conscious. |
| 4. Ring. | 9. Fall asleep quickly due to exhaustion. |
| 5. Put off making a decision until the next day. | 10. Sleep without waking up. |
1. 2. 3. 4. 5.
6. 7. 8. 9. 10.

C. Complete the sentences below with the correct particles.

off (2) in on over out through up (3)

- I'm not sure. Let me sleep it, and I'll ring you when I get tomorrow.
- On weekdays my alarm goes at 6 a.m., but on weekends I sleep till noon.
- When I slept at Joe's place, his parents let us stay till midnight.
- I crashed when I got home, and I didn't wake till 10 a.m. the next day.
- I wish I could sleep the night! I'm so tired nowadays, I often nod at work.

D. Complete the sentences using one of the Sleep Phrasal Verbs from the previous page and one of the words below. Remember to change the tenses of the verbs if necessary.

walk mind tired weekends time catch hour during deep film

1. Joe couldn't make up his, so he decided to it and tell us the next day.
2. I'll at Bill's house tonight because I don't want to home in the dark.
3. After an exhausting, 14 shift, I went home and
4. I was in such a sleep that I my alarm.
5. The was so boring that I in the middle of it.
6. By the my alarm this morning, I'd already been awake for an hour.
7. I'm a light sleeper so I usually several times the night.
8. We have to early tomorrow if we want to the train.
9. Whenever I late on school nights, I'm really the next day.
10. My favourite thing about is being able to in on Sunday mornings.

E. Complete questions using one of the Sleep Phrasal Verbs. Remember to change the tenses of the verbs if necessary.

Student A

1. What time did your alarm this morning?
2. Do you like to in on Saturday mornings? If so, what time do you get up?
3. Did you during the night last night? If so, why?
4. When was the last time you at a friend's house?
5. Do you usually late on Friday nights? If so, till what time?

Student B

1. Do you always as soon as you wake up or do you like to stay in bed for a while?
2. Do you usually the night or do you often wake up?
3. Have you ever an important decision? If so, what was it?
4. When was the last time you on the sofa because you were really tired?
5. Have you ever during a lesson? If so, did the teacher notice?

Work with a partner. One of you is Student A, the other is Student B. Take turns asking each other your questions.